

JUNIOR DEVELOPMENT AWARDS

To be eligible for a "Kajaks Junior Development" award, an athlete must have competed for Kajaks in a least (3) of the recognized BC Athletics JD track meets during the year and have met at least one age achievement standard as set out in the tables below.

To be eligible for a "Kajaks Junior Development Outstanding" award, an athlete must have consistently placed first in his or her discipline in ALL of the recognized BC Athletics JD track meets attended (minimum 5) during the year and/or obtained a BC Athletics Top Ten Performance.

EVENT	Performance Standards					
	Girls					
	Age 9	Age 10	Age 11	Age 12	Age 13	Age 14
60m	10.52	10.01	9.67			
100m	16.40	15.60	14.80	14.10	13.70	13.30
200m	34.00	33.00	31.00	29.20	28.30	27.50
400m	1:20.0	1:17.0	1:12.0	1:08.5	1:05.0	1:03.0
800m	3:00.0	2:50.0	2:47.0	2:40.0	2:37.0	2:32.5
1500m	6:00.0	5:45.0	5:35.0	5:25.0	5:20.0	5:15.0
3000m					11:20.0	11:10.0
60mH	12.30	11.50	10.80			
80mH				14.80	14.00	13.20
200mH				33.00	31.80	
300MH						49.00
High Jump	1.05	1.10	1.15	1.30	1.37	1.45
Long Jump	3.10	3.35	3.70	4.00	4.30	4.55
Triple Jump			8.00	8.70	9.10	9.80
Shot Put	4.10	5.07	5.90	7.35	8.30	9.50
Discus		12.24	14.97	17.70	20.91	23.95
Javelin		12.66	15.41	18.16	21.73	24.48
Hammer				20.75	23.00	25.73
Racewalk	5:20.0	5:15.0	5:10.0	5:00.0	9:40.0	9:00.0
Steeplechase						6:50.0

EVENT	Boys					
	Age 9	Age 10	Age 11	Age 12	Age 13	Age 14
60m	10.24	9.75	9.21			
100m	15.90	15.10	14.50	14.00	13.00	12.50
200m	33.50	31.50	29.90	28.90	27.50	25.50
400m	1:17.0	1:12.5	1:09.0	1:05.0	1:02.0	58.50
800m	2:50.0	2:45.0	2:35.0	2:32.0	2:26.0	2:18.5
1500m	5:33.0	5:25.0	5:17.0	5:07.0	4:55.0	4:42.0
3000m					10:30.0	10:02.0
1500s/c						5:10.0
60mH	12.00	11.40	10.70			
80mH				14.20	14.00	
100mH						16.00
200mH				31.40	30.00	
300mH						44.50
High Jump	1.08	1.18	1.25	1.35	1.45	1.60
Long Jump	3.35	3.70	4.10	4.25	4.65	4.95
Triple Jump			8.55	9.10	9.50	10.75
Shot Put	6.00	6.50	7.30	8.60	10.25	11.25
Discus		20.71	23.40	24.75	26.09	27.44
Hammer				29.59	31.19	32.80
Javelin		26.75	30.27	31.97	33.71	35.37
800m RW	5:40.0	5:10.0	5:00.0	4:50.0		
1500m RW					9:20.0	8:40.0